**Write a C# console application to:**

1. **Accept user details (ID, Name, Email, Phone).**
2. **Validate the following:**
   * **ID: Cannot be null and must be an integer.**
   * **Name: Cannot contain numbers.**
   * **Email: Must be in a valid email format.**
   * **Phone: Must be exactly 10 digits.**
3. **If any input is invalid, throw an appropriate exception, display the error message, and prompt the user to re-enter the input until it is correct.**
4. **Once the user provides valid inputs, add the details to a user list.**
5. **Display the list of all users after each successful addition.**